





Heather Hunt

Well-rounded fitness trainer and dance teacher who prides herself on cultivating a class for everyone. Experienced in verbal communication and working with a team to execute and achieve common goals.

CONTACT

 New York, NY
 theheatherhunt.com
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 heathernhunt

CERTIFICATION

NASM-CPT
Achieved July 2022

AED/CPR Certified
Achieved August 2022

Anna Kaiser Studios Teacher Training
Achieved April 2022

Alixia Flexibility Level 1 Certified
Achieved August 2020

SKILLS

Collaboration
Adaptability
Project Management
Willingness to Learn
Authenticity
Team Player

EDUCATION

Bachelor of Arts – Dance and General Business
Summa Cum Laude Graduate
The University of Alabama
2016–2020

WORK EXPERIENCE

DanceBody // MAR 2024 – Present
Fitness Trainer – New York, NY

- Complete DanceBody Apprentice Program, culminating in wholistic grasp of class layouts, jargon, and concepts
- Create custom plans with clients of all fitness levels and abilities to evaluate, set goals, and monitor progress
- Guide clients through safe workouts modified to their fitness levels and medical considerations

Presher Fitness // FEB 2024 – Present
Fitness Trainer – New York, NY

- Deliver fitness classes that consistently achieved excellent reviews and high enrollment rate
- Create custom plans with clients to evaluate fitness levels, set goals, and monitor progress
- Guide clients through safe workouts modified to their fitness levels and medical considerations
- Build client relationships

Anna Kaiser Studios // MAR 2022 – NOV 2023
Fitness Trainer – New York, NY

- Deliver fitness classes that consistently achieved rave reviews and 50% or higher enrollment rate
- Create custom plans with clients of all fitness levels and abilities to evaluate, set goals, and monitor progress
- Guide clients through safe workouts modified to their fitness levels and medical considerations
- Build client base and support as front desk associate

Panama City Dance Academy // AUG 2020 – MAY 2022
Dance Teacher/Choreographer – Panama City, FL

- Develop and teach dance classes in tumbling, ballet, jazz, modern, tap, musical theatre, and improvisation (ages 3–18)
- Provide corrections and feedback to dancers of all skill levels
- Create choreography for various performances
- Strengthen and train dancers with specific needs and goals